Smith Senior Center — APRIL 2013

Sunday	Monday	Tuesday		Wednesday		Thursday		Friday	Saturday	
A.H.O.Y. Class Schedule	1	2		3		4		5 NEW HOURS: 9am-9pm	6	
Smith Senior Center M, W, Th, Sat W 9:15 am 5:30 pm Lewis Center M, W, Fri 9:15 am	9:15 AHOY	Pool 8:15 Water Aerobics Rm 2 9:00 S.M.A.C. Gym 11:00 Water Aerobics	Pool Rm 2 Pool Pool	8:15 Water Aerobics 8:30 Fitness Members Class 9:15 AHOY	Pool Rm 2 Gym	8:15 Water Aerobics 9:15 AHOY 9:45 Senior Swim	Pool Gym Pool	10:00 Bocce/Horseshoes Outside 10:00 Shuffleboard/Cornhole Gym	9:00 Fitness Members Class 9:15 AHOY 9:30 Senior Swim	Rm 2 Gym Pool
Leonard Center M, W, Fri 10:30 am Lindley Center M, Tu, Th 2:15 pm Brown Center Tu, Th 9:15 am	10:00 Honey Bee Helpers 10:00 Pickleball	Pool Rm 1 Rm 2 Pool Pool Rm 2 Pool Rm 3 Pinot Water Aerobics 11:00 Water Aerobics	Rm 2 Pool Gym	9:30 - 7:30 AARP Taxes* 10:00 Water Arthritis Class 10:00 Table Tennis & Darts 2:00 Senior Swim	Rm 1 Pool Rm 2 Pool	2:00 Senior Swim	Pool Pool Rm 2 Pool	10:00 Water Arthritis Class Pool 2:00 Senior Swim Pool 5:00 Table Tennis Gym		
Peeler Center Tu, Th 10:30 am	5:00 Water Aerobics 5:00 T.O.P.S. Meeting	Pool 7:15 Kung Fu Rm 1 7:40 Line Dance - Adv.	Gym Rm 2 Gym	5:00 Water Aerobics 5:30 AHOY Boot Camp	Pool Gym	7:15 Kung Fu	Rm 2	,		
Enjoy coffee in the Lounge Monday - Friday 9 am - 12 noon	9:15 AHOY 10:00 Water Arthritis Class	Pool 9:00 S.M.A.C. Rm 2 9:45 Senior Swim 11:00 Water Aerobics 11:30 Fitness Members Class 1:00 Archery Demo	Pool Rm 2 Pool Pool Rm 2 Gym	8:15 Water Aerobics 8:30 Fitness Members Class 9:15 AHOY 9:30 - 7:30 AARP Taxes*	Pool Rm 2 Gym Rm 1	8:15 Water Aerobics 9:15 AHOY 9:45 Senior Swim 11:00 Water Aerobics 2:00 Senior Swim	Pool Gym Pool Pool Pool	10:00 Shuffleboard/Cornhole Gym 10:00 Water Arthritis Class Pool	9:00 Fitness Members Class 9:15 AHOY 9:30 Senior Swim	Rm 2 Gym Pool
	10:00 Pickleball 2:00 Senior Swim 5:00 Water Aerobics	Rm 1 2:00 Senior Swim Rm 2 3:00 Matter of Balance* Pool 6:30 Line Dance Class - Beg. Pool 7:15 Kung Fu Rm 1 7:40 Line Dance - Adv.	Pool Gym Gym Rm 2 Gym	10:00 Water Arthritis Class 10:00 Table Tennis & Darts 2:00 Senior Swim 5:00 Water Aerobics 5:30 AHOY Boot Camp	Pool Rm 2 Pool Pool Gym	5:30 Fitness Members Class 5:30 Zumba!* 5:45 Water Fitness Class 6:00 Cell Phone Q&A 7:15 Kung Fu	Rm 2 Gym Pool Rm 1 Rm 2	1:00 Movie: "Dances With Wolves" Rm 1 2:00 Senior Swim Pool 5:00 Table Tennis Gym	8:00 Greensboro Social Danc Lewis	e — s Center
14	9:15 AHOY	Pool 9:00 S.M.A.C. Rm 2 9:30 Bingo Gym 9:45 Senior Swim 11:00 Water Aerobics	Pool Rm 2 Rm 1 Pool Pool	Senior Games Shuffleboard* 8:15 Water Aerobics	Gym Pool	18 8:15 Water Aerobics 9:15 AHOY 9:45 Senior Swim	Pool Gym Pool	10:00 Shuffleboard/Cornhole Gym	9:00 Fitness Members Class 9:15 AHOY 9:30 Senior Swim	Rm 2 Gym Pool
Registration required	10:00 Honey Bee Helpers 10:00 Pickleball 2:00 Senior Swim 5:00 Water Aerobics	Pool Rm 1 1:30 Fitness Members Class 2:00 Senior Swim 3:00 Matter of Balance Pool Pool 6:30 Line Dance Class - Beg. Rm 1 7:40 Line Dance - Adv.		8:30 Fitness Members Class 10:00 Water Arthritis Class 10:00 Table Tennis & Darts 2:00 Senior Swim 5:00 Water Aerobics 5:30 AHOY Boot Camp	Rm 2 Pool Rm 2 Pool Pool Gym	11:00 Water Aerobics 2:00 Senior Swim 5:30 Fitness Members Class 5:30 Zumba!* 5:45 Water Fitness Class 7:15 Kung Fu	Pool Pool Rm 2 Gym Pool Rm 2	10:00 Water Arthritis Class Pool 2:00 Senior Swim Pool 5:00 Table Tennis Gym		
21	9:15 AHOY 10:00 Water Arthritis Class 10:00 Honey Bee Helpers 10:00 Pickleball	Pool 9:00 S.M.A.C. Rm 2 9:45 Senior Swim 11:00 Water Aerobics 11:30 Fitness Members Class 2:00 Senior Swim 3:00 Matter of Balance* 5:45 Water Fitness Class 6:30 Line Dance Class - Beg.	Pool Rm 2 Pool Pool Rm 2 Pool Gym Pool Gym	8:15 Water Aerobics 8:30 Fitness Members Class 9:15 AHOY 10:00 Water Arthritis Class 10:00 Table Tennis & Darts 2:00 Senior Swim 5:00 Water Aerobics	Pool Rm 2 Gym Pool Rm 2 Pool Pool	25 NO AHOY TODAY Senior Games Cornhole* 8:15 Water Aerobics 9:45 Senior Swim 11:00 Water Aerobics 2:00 Senior Swim 5:30 Fitness Members Class 5:30 Zumba!*	Gym Pool Pool Pool Rm 2 Gym	10:00 Shuffleboard/Cornhole Gym 10:00 Water Arthritis Class Pool 2:00 Senior Swim Pool	9:00 Fitness Members Class 9:15 AHOY 9:30 Senior Swim 10:00 Fall Prevention Class	Rm 2 Gym Pool Rm 2
28	5:00 Water Aerobics 5:00 T.O.P.S. Meeting 29 8:15 Water Aerobics	Pool 7:15 Kung Fu Rm 1 7:40 Line Dance - Adv. 30 Pool 8:15 Water Aerobics	Rm 2 Gym Pool	5:30 AHOY Boot Camp 6:00 Gso Orthopaedics Q&A 1 8:15 Water Aerobics	•	5:45 Water Fitness Class 7:15 Kung Fu 2 NO AHOY TODAY Senior Games Cornhole*	Pool Rm 2	3 NEW HOURS: 9am-9pm	4 9:00 Fitness Members Class	Rm 2
	9:15 AHOY 10:00 Water Arthritis Class 10:00 Honey Bee Helpers 10:00 Pickleball 2:00 Senior Swim 5:00 Water Aerobics	Rm 2 9:00 S.M.A.C. Gym 9:45 Senior Swim 11:00 Water Aerobics 11:30 Fitness Members Class 2:00 Senior Swim 7:45 Water Fitness Class Pool 6:30 Line Dance Class - Beg. 7:15 Kung Fu Rm 1 7:40 Line Dance - Adv.	Rm 2 Pool Pool Rm 2 Pool Pool Gym Rm 2 Gym		Rm 2 Gym Pool Rm 2 Pool Pool Gym	5:30 Fitness Members Class 5:30 Zumba!*	Pool Pool Pool Rm 2 Gym Pool Rm 2	10:00 Bocce/Horseshoes Outside 10:00 Shuffleboard/Cornhole Gym 10:00 Water Arthritis Class Pool	9:15 AHOY 9:30 Senior Swim	Gym Pool